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Machaseh Holocaust Survivor Program:

https://www.youtube.com/ watch?v=cSzvkZF0qVY



## NEWSLETTER



## Seminar:

The Holocaust and the Influence on the Second and Third Generation 24-11 to 25-11-2019 at Shemen Sasson, Jerusalem

## **Dear Friends and Supporters**

We are looking back on a very successful year with many special events, guests and activities at our work. A very great highlight at the end of the year was our annual conference.



It was really a privilege to have Prof. Dr. Samuel Pfeifer, M.D. from Switzerland with us as key-note speaker. He is the the medical Director of a psychiatric clinic in Basel, Switzerland for 25 years. For many years he has reflected on the nature of mental health and Christian counselling and has published several books and numerous articles on psychiatry, psychotherapy and counselling. He taught us on Epigenetics -transgenerational transfer of trauma and how families of Holocaust survivors can understand and cope with the emotional burden. "Epigenetics postulates that traumatic experiences in the mind can have an impact on the DNA in maternal egg and paternal semen. Thus, in offspring, mental mechanisms are triggered resembling posttraumatic stress reactions, although the child has not actually experienced the original trauma of the parents."

Other speaker were:

Jonathan Almeida, MA, Pastor at Shemen Sasson and Clinical Psychologist spoke on ,The Holocaust and Family Dynamics'

Prof. Avrum Sharnopolsky: "Abuse and Discrimination of Elderly Immigrants from former Soviet Union" Alla Omelchenko, PhD, Psychologist, Social worker and Project Coordinator of the Holocaust Survivor Program at Machaseh Association: "Political and Social Challenges for Holocaust Survivors in Israel. Conflicts and Solutions." Alla is working since many years with us.

We had very intense days of interesting and inspirational teachings, meetings, trips, discussions and fellowship. We learned so much, and it will inspire us to continue our work with much more understanding and sensitivity.

It was a great pleasure to welcome guests from different countries like The Netherlands, Finland, US, Germany etc. Among them were professionals and ministers from different communities and organizations as well as Holocaust survivors with their testimonies and stories from their families experiences, that we treasure and want to honour.

## Never forget! Never again!

We wish all of you a beautiful and blessed
Chanukkah and Christmas season!
May our Lord bless you in return for all you
invest into his kingdom and
may our friendship and
partnership getting even closer in the future.

Your Machaseh Team from Jerusalem!







Want to keep Christ in Christmas?
Feed the hungry, clothe the naked, forgive the guilty, welcome the unwanted, care for the ill, love your enemies and do to others as you would have done unto you.

Steve Maraboli